

Rules, Regulations and Team Guide VfL Gladbeck

VfL Gladbeck 1921 e.V. is pleased
to invite you to our
11th international VOLKSBANK Jugend - Schwimm - CUP.



MEHR BANK. MEHR BERATUNG.

11th international VOLKSBANK Jugend-Schwimm-Cup



SATURDAY 12th & SUNDAY 13th October 2019

Hallenbad Gladbeck

Mega-Ruffle VIP Autograph Session

Contact: Tel.: 0 20 43 – 2 22 82 • www.vflgladbeck.de

for further information please visit our website

<http://schwimmen.vflgladbeck.de>

Each participant will receive a special gift!!!

general rules, regulations and team guide

The competition rules, the legal system, the Anti-Doping Rules and the competition license rules of DSV apply.

The one-start-rule applies. Eligible are members of federations affiliated to the FINA or of one club affiliated to this federation. The competition is open to members of clubs or teams which belong to a DSV associated federation. Together with the transmission of the entries each club has to assure that all registered swimmers can verify their physical health according to § 7 WB. Furthermore an assurance according to § 11 and 15 WB is required that swimmers are listed in the license register of DSV and the annual license fee is paid. Without this assurance, the entries are rejectable by the organizer.

Classifications / Prizes / Premiums

Age groups:

E: age group 2010/2011 m/f

D: age group 2008/2009 m/f

C: age group 2006/2007 m/f

B: age group 2004/2005 m/f

A: age group 2003 and older m/f

50m and 100m distances are for age group 2011 and older, 200m distances for age group 2007 and older. According to the latest DSV regulations 8- and 9-year-old swimmers may not swim all distances. The detailed age groups per event can be viewed on the homepage of the organizer under <http://www.vflgladbeck.de/schwimmen>.

The fastest swimmers of the 50m heats (breaststroke, freestyle, backstroke und butterfly) will qualify for the 50m finals / male & female.

The winners of the age groups A to E will receive cash awards amounting to:

1st: € 10,-- / 2nd: € 5,-- / 3rd: € 5,-- vouchers from Swim-Total

The winners of the finals will receive medals and cash prizes as follows:

1st: € 50,-- / 2nd: € 25,-- / 3rd: € 15,--

Each competition has at least one reward heat.

Pool:

The pool is 25m long x 6 lanes, with a depth of 1,35m to 3,60m, separated by anti-wave lane ropes. The event is handled via hand timing. There is only a small swim down facility. Water temperature is 26 °C.

Address:

Indoor pool of Gladbeck, Bottroper Str. 33, 45964 Gladbeck

Registration:

Registrations should be submitted via DSV standard by e-mail. If the number of entries for these events is too high the organizer reserves the right to reject/cancel some registrations. Entries will be accepted on a first-come-first-served basis. Heats are according to the best times, not age group set.

Closing date for entries:

Sep 30.2018 20.00 o'clock

Entry fees:

6,00 € for each start.

Entry fees have to be paid to the following bank account. Payments are due before the start of the tournament:

IBAN: DE 58 4226 0001 0014 7387 00 Ralf Steiger / VfL Gladbeck

BIC: GENODEM1GBU Volksbank Ruhr Mitte eG

Technical Officials qualified to Judge:

With the delivery of the entries the clubs should provide the following number of Technical Officials qualified to Judge, who can be used as needed and should be available for the entire event:

up to 20 entries:	1 Judge
21 to 60 entries:	2 Judges
more than 60 entries:	3 Judges

Start regulations:

The one-start-rule applies.

The event has been published to the functionary swimming of the swimming district North Westfalia.

Organizer:

VfL Gladbeck 1921 e.V.,

Schützenstr. 120, 45964 Gladbeck

tel. 02043/222 82

fax.: 02043 / 44 5 44

e-mail: sandra.steiger@vflgladbeck.de

Entries in accordance with DSV standard are to be delivered to:

Christopher Theis

meldung-schwimmen@vflgladbeck.de

The organizer accepts no liability for theft, accident or damage of any kind.

Program of events

Saturday Okt 12.2018, start at app. 9.00 hrs

Session 1

Event 1	50m Butterfly female (heats)	age group 09 a. older
Event 2	50m Butterfly male (heats)	age group 09 a. older
Event 3	50m Breaststroke female (heats)	age group 11 a. older
Event 4	50m Breaststroke male (heats)	age group 11 a. older
Event 5	100m Backstroke female	age group 11 a. older
Event 6	100m Backstroke male	age group 11 a. older
Event 7	200m Butterfly female	age group 07 a. older
Event 8	200m Butterfly male	age group 07 a. older

Session 2

Event 101	50m Butterfly Female (final)	
Event 102	50m Butterfly male (final)	
Event 103	50m Breaststroke female (final)	
Event 104	50m Breaststroke male (final)	
Event 9	100m IM female	age group 09 a. older
Event 10	100m IM male	age group 09 a. older
Event 11	200m Breaststroke female	age group 07 a. older
Event 12	200m Breaststroke male	age group 07 a. older
Event 13	100m Freestyle female	age group 11 a. older
Event 14	100m Freestyle male	age group 11 a. older

Sunday Okt 13.2018, start at app. 9.00 hrs

Session 3

Event 15	50m Backstroke female (heats)	age group 11 a. older
Event 16	50m Backstroke male (heats)	age group 11 a. older
Event 17	50m Freestyle female (heats)	age group 11 a. older
Event 18	50m Freestyle male (heats)	age group 11 a. older
Event 19	200m IM female	age group 07 a. older
Event 20	200m IM male	age group 07 a. older
Event 21	100m Butterfly female	age group 09 a. older
Event 22	100m Butterfly male	age group 09 a. older
Event 23	200m Backstroke female	age group 07 a. older
Event 24	200m Backstroke male	age group 07 a. older

Session 4

Event 115	50m Backstroke female (final)	
Event 116	50m Backstroke male (final)	
Event 117	50m Freestyle female (final)	
Event 118	50m Freestyle male (final)	
Event 25	100m Breaststroke female	age group 09 a. older
Event 26	100m Breaststroke male	age group 09 a. older
Event 27	200m Freestyle female	age group 07 a. older
Event 28	200m Freestyle male	age group 07 a. older

We reserve the right to change the start times if necessary due to the number of entries received.



Gladbeck, 01.06.2019